

**Xarumaha** Swedish Ballard  
Swedish Ballard **Amenities** (Somali)



Ku soo dhawoow Swedish

# Kusaabsan **xerada Ballard**

Meel u dhaxaysa makhaayadaha, hudheelada, tukaanada alaabta dumarka, iyo kalaabyada caafimaadka waxaad ku arki xarun caafimaad ee heer caalami ah halkan xaafada taasi oo bixisa adeegyo caafimaad oo badan, oo ay kujiraan:

- Waaxda gurmada oo la fidiyey, dib loo habeeyey, oo bukaanka ahmiyadda koowaad siisa
- Xarun Dhalmo oo heer sare ah oo leh doorasho ka dhalin ee dhakhtar dhalmo, dhakhtar qoys, ama ummuliso xirfad sare leh
- Qalliino kala duwan oo badan
- Koox khabiirro caafimaad oo iyo adeegyo baaxad leh albaabka ku xiga cusbitaalka ee Dhismaha Tallman
- Xarunta Daawaynta Shucaaca ee Hay'adda Kansarka Swedish-ka

Waa kuwan waxyaalaha muhiimka ah qaarkood:

**Adeegyada Gurmada** Waaxdayada Gurmada ee heerka sare ah waxay u dajisay heerka daryeelka gurmada. Iska illaw sugitaankii dheeraa ee qolka sugitaanka. Haddii aad leedahay gurmada bilaa ballan ah, waxa isla markaaba lagu hagi qolka daawaynta gaarka ah halkaasi oo koox daryeel kugu qiimayn doonto oo bilaabi doonto daawaynta haddii aad loo baahdo.

**Xarunta Sawirka** Waxaad ka heli doontaa inta badan adeegyada sawirka – adeegyada oo ay kujiraan MRI, 16-slice CT, ultrasound iyo Raajada – isla meel qudha. Adeegyada mammography iyo baadhitaanada cufnaanta lafta (DEXA) waxay ku yaalaan dabaqa labaad ee dhismaha cusbitaalka wayn gudaha Xarunta Sawirka Haweenka.

**Daryeelka Aasaasiga ah** Haddii aad raadinayso dhakhtar daryeel aasaasi ah oo carruurta ah, ama adiga ah, waan ku daryeeli karnaa. Adeegyadayada daryeelka aasaasiga ah waxa kamid ah daryeelka carruurta iyo dhallinta, baadhista jidheed, qoyska, dadka da'da ah iyo caafimaadka gudaha, iyo daryeelka sonkorowga. Xiitaa waxaan ballamo bixinaa Sabtida.

**Khabiirrada dhakhtarrada dhalmada iyo Ummulisada & Caafimaadka Haweenka** waxaad ka heli doontaa adeegyo dhalmo oo dhammaystiran oo haweenka ah laga bilaabo dhallinta ilaa dhalmo-dayska. Haweenka leh halis hooose oo uur waxay dooran karaan kalkaaliso-ummuliso aqoon leh si ay u siiso daryeel inta uurka leeyihiin, dhalmada iyo wakhtiga ka dambeeya dhalmada.

**Khabiirrada Lafaha ee Seattle, Ballard** ha noqoto cagta, jilibka, misigta, curaancurta, suxulka ama garabkaaga, kooxdan khabiirada ah waa ku caawin karaan. Waxay ka shaqeeyaan dhinac kasta adeegyada lafaha laga bilaabo Daawada Isboortiga ilaa qalliinka fudud ee lafaha iyo qalliinka beddelista kala-goys.

**Ogaanshaha iyo daawaynta kansarka** Swedish Ballard waxay bixisaa adeegyo badan oo kansarka oo ay kamid yihiin baadhista kansarka naasaha mindhicirka wayn, iyo sidoo kale adeegyo baaxad leh ee daawaynta caafimaad iyo shucaaca ee bukaan-socodka. Xarunta Daawaynta Shucaaca ee Hay'adda Kansarka Swedish-ka (RTC), oo ku taal xerada Ballard, waa tii ugu horraysay ee mandaqadda magaalada Seattle ee bixisa nidaamka daawaynta shucaaca ee TomoTherapy® Hi-art®, taasi oo bixisa daawayn shucaac oo aad shiish badan oo leh saxsanaan aan la malayn karin.

# Adeegyada ka jira **Swedish**

## Maqaayad iyo kafee adag

Maqaayadda Dockside waxay bixisaa doorashooyin caafimaad qaba ee quraac, qado iyo casho waana furan tahay maalin kasta laga bilaabo 7 g.h. ilaa 7 g.d. Wuxuu ku yaalaa dabaqa koowaad ee cusbitaalka, maqaayaddu waxa yaala maraayo, saanwijyo, salladh iyo waxyaalaha gaarka ah ee maalinlaha oo guriga lagu sameeyey. Booqdayaashu sidoo kale waxay ku raaxaysan karaan ikhtiyaarro cashayn iyaga oo sii maraya Adeeggayada Cashaynta ee à la Carte oo la heli karo 7 g.h. ilaa 8 g.d. - ka wac **faraca 3-3333** taleefan kasta oo gudaha ah.

## Tukaan hadyadeed, mishiinka lacagta

Hubso inaad booqato tukaankayaga hadyadda si aad uga gadato ubaxyo ama hadyad dhab ah. Wuxuu ku yaalaa dabaqa labaad halka u dhaw wiisashka B. Waxa aad ka heli doontaa mishiinka lacagta dabaqa labaad halka u dhaw wiishashka B iyo tabiruunka jaraa'idka dibadda irrida wayn iyo Waaxda Gurmadka.

## Alaabta farshaxanka

Kabadan 100 shaqo oo farshaxan ah ayaa qurxiya gidaarrada Swedish Ballard. Alaabtan farshaxanka dadwaynuhu waa natiijada ka go'aanaanta cusbitaalka ee inuu siiyo bukaanada jawi xadaarad iyo kobcin bukaanada, booqdayaasha iyo shaqaalaha, waxaana qayb ahaan lagu taageeray deeqo.

## Kiniisadda, Wadaadka

Kaniisad iyo qol baaraandegid ayaa ku yaala 3 North. Adeegyo Jamac Mad-habo Badan ayaa la qabtaa Arbaca kasta subaxdii 11 g.h. Wadaadada sidoo kale way heli karaan bukaanada iyo qoysasku marka ay u baahdaan taageero niyadeed. Si aad u codsato wadaad kahor 5 g.d. maalmaha shaqada, **wac 206-782-2700, faraca 35615**. Kadib 5 g.d. iyo maalmaha shaqada, **wac 206-386-6000**.

## Macluumaadka caafimaadka

Macluumaad caafimaad oo bilaash ah waxa laga heli karaa Xarunta Khayraadka Caafimaadka Swedish Ballard (HRC), oo ku taala dabaqa labaad. Macluumaad dheeraad ah, **wac 206-781-6302**.

# Agagaarka magaalada: waaFajino **dhaw**

*Booqdayaasha magaalada ka baxsan waxay heli doonaan huteellada iyo arbeekooyin soo socda oo ku yaala meel u dhaw Swedish Ballard:*

## **Ballard Inn**

5300 Ballard Ave. N.W.  
Seattle, WA 98107  
206-789-5011

## **Days Inn**

9100 Aurora Ave. N.  
Seattle, WA 98103  
206-524-3600

## **Hotel Ballard**

5216 Ballard Ave. N.W.  
Seattle, WA 98107  
206-789-5012

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## Ballard **doorashooyinka cuntada**

Maqaayadaha dhawdhaw:

### **Ballard Loft**

5105 Ballard Ave. N.W.  
Seattle, WA 98107  
206-420-2737

### **Ray's Boathouse**

6049 Seaview Ave. N.W.  
Seattle, WA 98107  
206-789-3770

### **Veraci Pizza**

500 N.W. Market St.  
Seattle, WA 98107  
206-525-1813

### **Bitterroot**

5239 Ballard Ave. N.W.  
Seattle, WA 98107  
206-588-1577

### **Red Mill Burgers**

3058 N.W. 54th St.  
Seattle, WA 98107  
206-784-1400

### **Volterra**

5411 Ballard Ave. N.W.  
Seattle, WA 98107  
206-789-5100

### **Matador**

2221 N.W. Market St.  
Seattle, WA 98107  
206-297-2855

### **Señor Moose Café**

5242 Leary Ave. N.W.  
Seattle, WA 98107  
206-784-5568

### **Wild Mountain Café**

1408 N.W. 85th St.  
Seattle, WA 98117

Maqaayadaha cuntada keena:

### **Pagliacci Pizza**

851 N.W. 85th St.  
Seattle, WA 98117  
206-726-1717

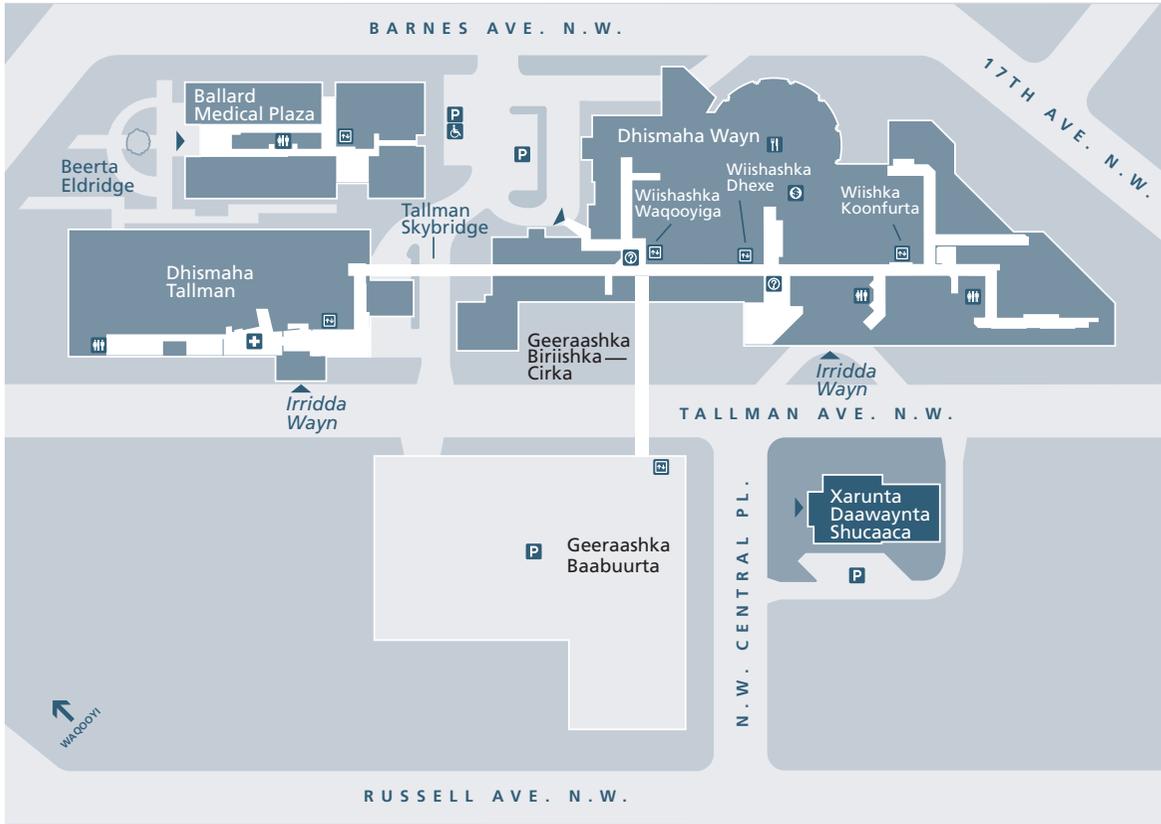
### **Seattle India Bistro**

2301 N.W. Market St.  
Seattle, WA 98107  
206-783-5080

### **Thai Siam**

8305 15th Ave. N.W.  
Seattle, WA 98117  
206-783-3668

# Khariiradda **xerada Ballard**



## Agaasinka Dhismaha Tallman

### **Dabaqa Dhulka**

Adeegyada Gurmadka

### **Dabaqa Labaad**

Xarunta Sawirka

### **Dabaqa Saddexaad**

Daryeelka Aasaasiga ah

### **Dabaqa Afraad**

Khabiirrada Dhalmada iyo

Ummulisada iyo Caafimaadka

Haweenka

### **Dabaqa Shanaad**

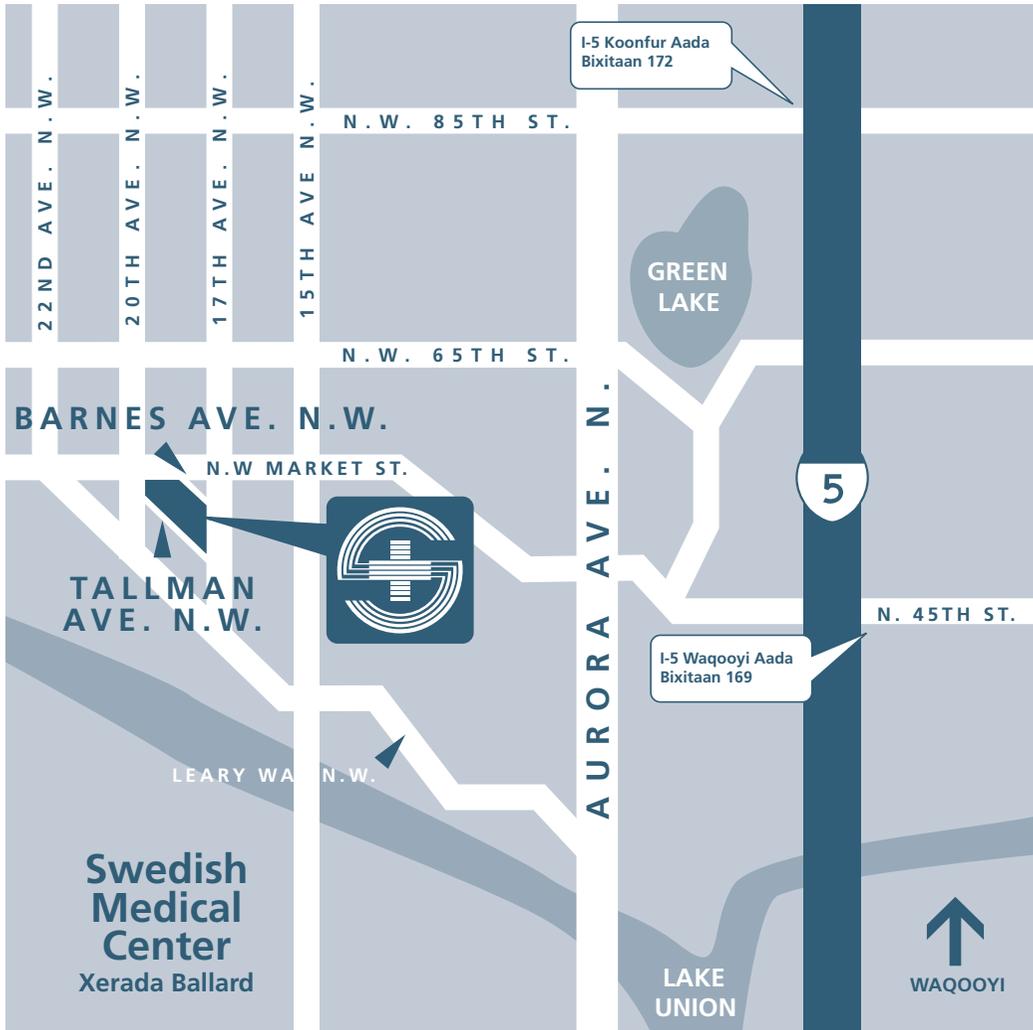
Khabiirrada Lafaha ee Seattle,  
Ballard

# Swedish Medical Center **Xerada Ballard**

Waxa aad ka heli doonta wixii aad u baahan tahay xaafaddaada – Swedish Ballard.

## Goobta

5300 Tallman Ave. N.W. | Seattle, WA 98107-3932 | T: 206-782-2700 | [www.swedish.org/ballard](http://www.swedish.org/ballard)







**SWEDISH**

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