

Vascular Lab Patient Instructions

Patient name _____

Cardiologist _____

You have been scheduled for the following Non-Invasive vascular diagnostic ultrasound procedure(s) as indicated below in the vascular lab of Swedish Cardiovascular Testing and Treatment. These tests are all related to your body's circulation (arteries/veins).

Patient Check In:

- Bring your insurance card, legal identification card and this form with you.
- Check in on the 3rd floor of Swedish at Issaquah campus, **Suite 3010** Swedish Testing and Treatment.

PROCEDURES - Plan to allow 1 hour for each test with exception of the L.E.A. which takes 1.5 hours. Please carefully review the test instructions as detailed below as some tests require fasting. *Fasting instructions: 8 hours NPO* - Nothing by mouth with EXCEPTION of daily medications, which can be taken with small amounts of water. Reason: Eating/drinking produces abdominal/bowel gas which can compromise ultrasound image quality pertinent for your diagnoses. Diabetics may have very light amounts of food (e.g. one piece of toast) as needed for adequate blood sugar maintenance.

- ☐ **Carotid and/or T.C.D. Duplex T.C.D. w/Bubbles (L & R Shunt):** Ultrasound of the main arteries in the neck and/or head that supply blood to the brain to evaluate for blockages related to a stroke and other neurological changes. RAD78487 w/T.C.D. RAD78486 T.C.D. w/Bubbles (L & R Shunt) RAD78511
- ☐ **A.A.A. Duplex:** Ultrasound of the abdominal aorta and iliac arteries in the abdominal/pelvic area to evaluate for an aneurysm (dilation) or blockages in the arteries. **Fasting preparation* RAD78485
- ☐ **U.E.A. Duplex:** Ultrasound of the arteries in the arms to detect blockages. RAD78516
- ☐ **U.E.V. Duplex:** Ultrasound of the main veins in the neck and arms to detect blood clots. RAD78517
- ☐ **Renal Artery Duplex:** Ultrasound of the kidney artery circulation to evaluate for blockages that may cause uncontrollable hypertension. **Fasting preparation* RAD78500
- ☐ **Mesenteric Arterial Duplex:** Ultrasound of the main stomach/colon arteries in the abdominal area to evaluate for blockages or other abnormalities. **Fasting preparation* RAD78493
- ☐ **L.E.A. Duplex:** Ultrasound of the leg arteries to evaluate for blockages. On occasion, the major abdominal/pelvic area arteries leading to the leg arteries may be evaluated. 1.5 HOUR EXAM - **Fasting preparation* RAD78491
- ☐ **A.B.I. and/or Exercise Treadmill Physiologic Exam:** Blood pressure measurements (with and/or without exercise) of the arms and ankles to rule in/out artery blockages in the legs. ABIs only AMBP0213
- ☐ **Groin Duplex (R/O Pseudoaneurysm):** Ultrasound of the groin area to evaluate the arteries and veins at the entry site of a recent invasive angiogram procedure to rule in/out an artery wall leak or other abnormalities that may form after the procedure. RAD78496
- ☐ **L.E.V. Duplex (R/O DVT):** Ultrasound of the veins in the legs to detect blood clots. RAD78525 (LEs) RAD78492 (LEs w/Abd)
- ☐ **L.E.V.M. Duplex (Reflux Study):** Ultrasound of the leg veins with concentration on the superficial and/or branching varicose veins in the legs to map abnormalities and course. RAD78494

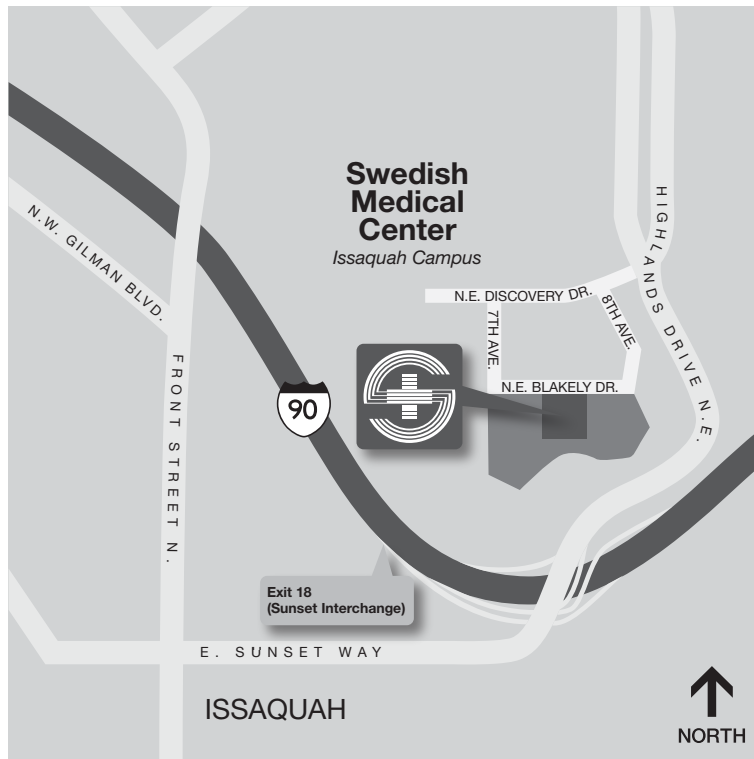
Test Date(s): _____

Day: _____

Time: _____ a.m./p.m.

☒ Your appointment time has been reserved especially for you. If you need to cancel for any reason, kindly provide us with 24 hours notice. If you have any questions or concerns regarding your test, please call (425) 313-5220.

(Over)



Driving Directions

Traveling East on I-90

- Take the E. Sunset Way-Highlands Drive exit (No. 18).
- Go left at the “Y” and continue onto Highlands Drive.
- Turn left (west) at the first traffic light onto N.E. Discovery Drive.
- Turn left (south) at the next light onto 8th Ave. N.E.
- Travel down 8th Ave., until it turns into the Swedish/Issaquah main entrance.
- Immediately turn right to enter the underground parking garage. Parking is also available on the surface lots.

Traveling West on I-90

- Take the E. Sunset Way-Highlands Drive exit (No. 18).
- Turn right (north) onto Highlands Drive.
- Turn left (west) at the first traffic light onto N.E. Discovery Drive.
- Turn left (south) at the next light onto 8th Ave. N.E.
- Travel down 8th Ave. until it turns into the Swedish/Issaquah main entrance.
- Immediately turn right to enter the underground parking garage. Parking is also available on the surface lots.