**Swedish Laboratory Services**
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****Patient Instructions for Collecting Stool Specimens****

- **Always wash hands.**
- **Use either the hat enclosed or collect on toilet using plastic wrap. DO NOT take specimens out of the water in the toilet. For an infant use plastic wrap in the diaper.**
- **Open each vial (red, white or both) being careful not to spill the liquid. Using the enclosed spoon attached to the cap, transfer stool into each vial provided. Add specimen until the liquid level reaches the *fill line* located on the label.**
- **Replace lid and tighten. Shake the sample thoroughly until the sample is well mixed with the liquid.**
- **If you have received a gray container place a small amount (Walnut Sized) of stool in it, snap on lid and refrigerate.**
- **If you have received a two large plastic containers, collect all stool sample for 24 hours and refrigerate.**
- **Write you name and date of birth on all specimen containers.**
- **Return specimens to the lab as possible.**

**Keep vials out of the reach of children. If liquid is swallowed, give milk followed with a tablespoon of salt in a glass of warm water. Repeat until vomit is clear. Contact a physician or the local Poison Center immediately

**** Complete Form and return with specimens ****

**Name _____**

**Date of Birth _____**

**Doctor _____**

**Collection Date _____Time _____**
**Was Sample produced at home? Yes/No**
**Was Sample refrigerated? Yes/ No**

**Is specimen: Liquid Soft Formed**

**Samples Submitted: Red Vial**
**White Vial**
**Gray Container**
**2 Plastic containers**
**Clean container from home**