Outpatient Rehabilitation Services

Women's Health Therapy

Comprehensive Treatment for Women of All Ages

SWEDISH

SWEDISH

OUTPATIENT REHABILITATION SERVICES

Ballard
5300 Tallman Ave. N.W., 1-South
Seattle, WA 98107
T 206-781-6346

Cherry Hill
500 17th Ave.
James Tower, Suite 100
Seattle, WA 98122
T 206-320-2404

Factoria Rehab
12917 S.E. 38th, Suite 208
Bellevue, WA 98006
T 425-320-5430

First Hill
1101 Madison, Suite 200
Seattle, WA 98104
T 206-386-2035

West Seattle Rehab
3400 California Ave. S.W., Suite 100
Seattle, WA 98116
T 206-320-5510

www.swedish.org

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The experienced therapy team at Swedish Outpatient Rehabilitation Services recognizes the unique health needs of women and is committed to providing highly skilled and personalized services that will meet a woman's health needs throughout her lifetime.

Women's health problems that may benefit from physical therapy include:

Incontinence (Adult and Pediatric)

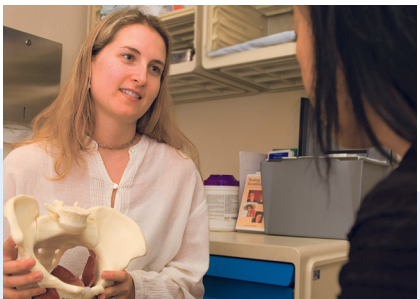
- Fecal
- Urinary
- Mixed
- Stress
- Urge
- Dysfunctional Voiding
- Post-Prostatectomy

Pelvic-Floor Laxity

- Cystocele
- Enterocele
- Rectocele
- Prolapse
- Post-surgical complications

Pelvic Pain/Tension

- Constipation
- Dyspareunia
- Levator Ani Syndrome
- Non-Relaxing Puborectalis
- Piriformis Syndrome
- Vaginismus



Obstetrics/Gynecology

- Back Pain
- Thoracic
- Low Back
- Sacral
- Bed Rest/High-Risk Maternity
- Carpal Tunnel Syndrome
- Coccydynia
- Diastasis Recti
- DuPuytren's Syndromes
- Groin/Pubic Pain
- Headache
- Ligament Laxity
- Musculoskeletal
- Rib Pain
- Sciatica
- Thoracic Outlet Syndrome

Post-Surgical Conditions

- Abdominal Scar Adhesions
- Lymphedema
- Mastectomy Scar Adhesions

Exercise Classes

Swedish Outpatient Rehabilitation also offers exercise classes for new or soon-to-be mothers, or for women who need to manage the affects of osteoporosis.